

Staying Healthy—Communicable Diseases in Child Care

Quiz:

Q1. How do germs spread (name the four main routes that germs take)?

Q2. True or false: People can only spread diseases while they are sick.

Q3. Match the disease with the way it is spread (may select more than one):

Disease	How is it transmitted? (Put the correct letter here)	Possible routes of transmission
1. common cold		a. contact with secretions such as saliva, urine, blood, etc.
2. shigella		b. fecal-oral
3. hepatitis B		c. direct contact
4. ringworm		d. respiratory
5. giardia		
6. influenza		
7. MRSA		
8. HIV		

Q4. List three good practices to prevent diseases from spreading:

Q5. True or False: Children are at risk from communicable diseases, but the adults who care for them hardly ever get such diseases.

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Answers to Quiz:

Q1:

Contact with secretions such as saliva, urine, blood, etc.
fecal-oral
direct contact
respiratory

Q2: False

Q3:

- 1 – a and d
- 2 – b
- 3 – a
- 4 – c
- 5 – b
- 6 – d
- 7 – c and d
- 8 – a

Q4:

Any three of these five responses—

- Good hand washing
- Sanitary toileting and diapering
- Containing coughs and sneezes
- Preparing food properly
- Maintaining sanitary conditions

Q5: False

Supplemental Materials:

If this module is used as a stand-alone, share your contact info. Also, give them the reportable disease list, contact information for local reporting, and the state disease reporting contact information below.

Diseases and conditions can be reported to the state by contacting the:

Missouri Department of Health and Senior Services (MDHSS) during business hours, 8:00 a.m. – 5:00 p.m. Monday thru Friday, via telephone at 573-751-6113 or 866-628-9891, or via fax number at 573-526-0235. For reporting to MDHSS after hours or on weekends, please contact by telephone number at 800-392-0272.